

2019
CHRISTIAN PLANNER

— Veteran-Owned Business —

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2019 CHRISTIAN PLANNER

WELCOME!

Welcome to the **Christian Planner Family!** 2019 marks the third anniversary of our small, family-owned company. It's because of your support that we're able to continue this wonderful journey. The Christian Planner has been a companion for thousands of Christians, and I pray that it will become a keepsake on your journey of Faith. You and your family will have the prayers and support of our team and our community. 2019 here we come—He has risen!

In Christ,
Victor, CEO & Founder

HOW TO USE THE PLANNER

Below are some guidelines to follow throughout the year.

AT THE BEGINNING OF THE YEAR

Design your Vision Board

Through the use of pictures, words, symbols, etc., use this section creatively define what makes up the foundation of YOU. This section is a blast and will inspire you! Why? Because YOU are awesome.

Fill out your Healthy Habit Goals Chart

This exercise asks you to commit to actions that will improve your life, your relationship with God and with others in 2019.

EVERY WEEK

Dive into your Weekly Devotional

These two pages aim to guide you on your Christian walk throughout the year. There are dedicated spaces for Sunday Service and Bible Study notes, ensuring that you enter into the right mindset going into the week.

EVERY DAY

Write in your daily appointments, tasks, and top priorities

In this section, there is plenty of space to stay focused and ensure a productive week.

Daily Healthy Habit Tracker

Use this tracker to keep track of good habits and acts of kindness you want to accomplish throughout the week i.e. making your bed, praying everyday, calling a friend or family member, etc.

EVERY MONTH

Write in all of your big monthly events and goals!

SOCIAL MEDIA



fb.com/christianplanner



@christian.planner



christianplanner



@christianplannr

MY VISION BOARD

Below are some questions to help you create your Vision Board. Cut and paste photos, write words/quotes/prayers, draw pictures, etc. This is YOUR VISION!

Favorite Heroes?

What are your
favorite quotes?

Where do you
want to travel?

What are your gifts?

What are your favorite
Church images?

What are your dreams?

BUCKET LIST

2019

NEXT 5 YEARS

LIFETIME

MY HEALTHY HABIT GOALS

Pray and make a Covenant with God this year. In each quadrant write down how you can improve your life, your relationship with Christ and with others. Big, small, personal and spiritual - everything counts!

EXAMPLES

DAILY / OFTEN

Make my bed
Call/text a family member
Daily Prayer
GIVE THANKS

1-2 TIMES A WEEK

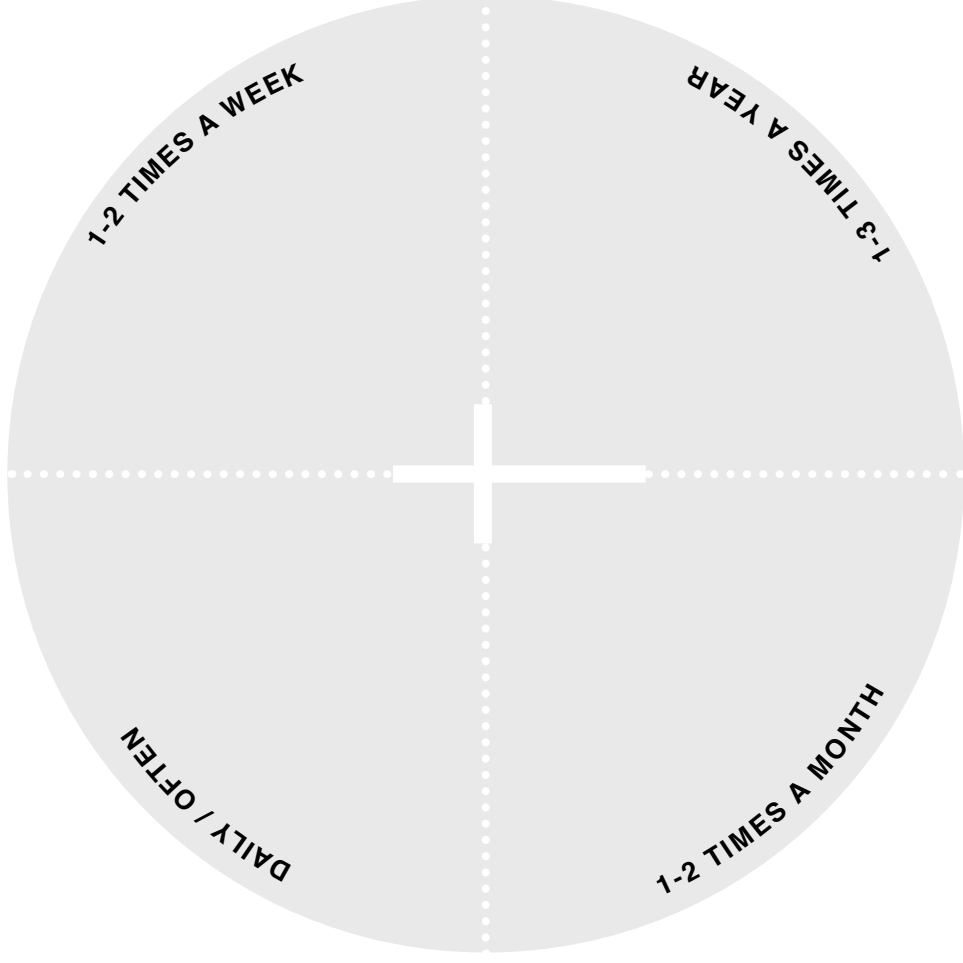
Volunteer at a soup kitchen
Bible Study

1-2 TIMES A MONTH

Go on a retreat
Run a 5K

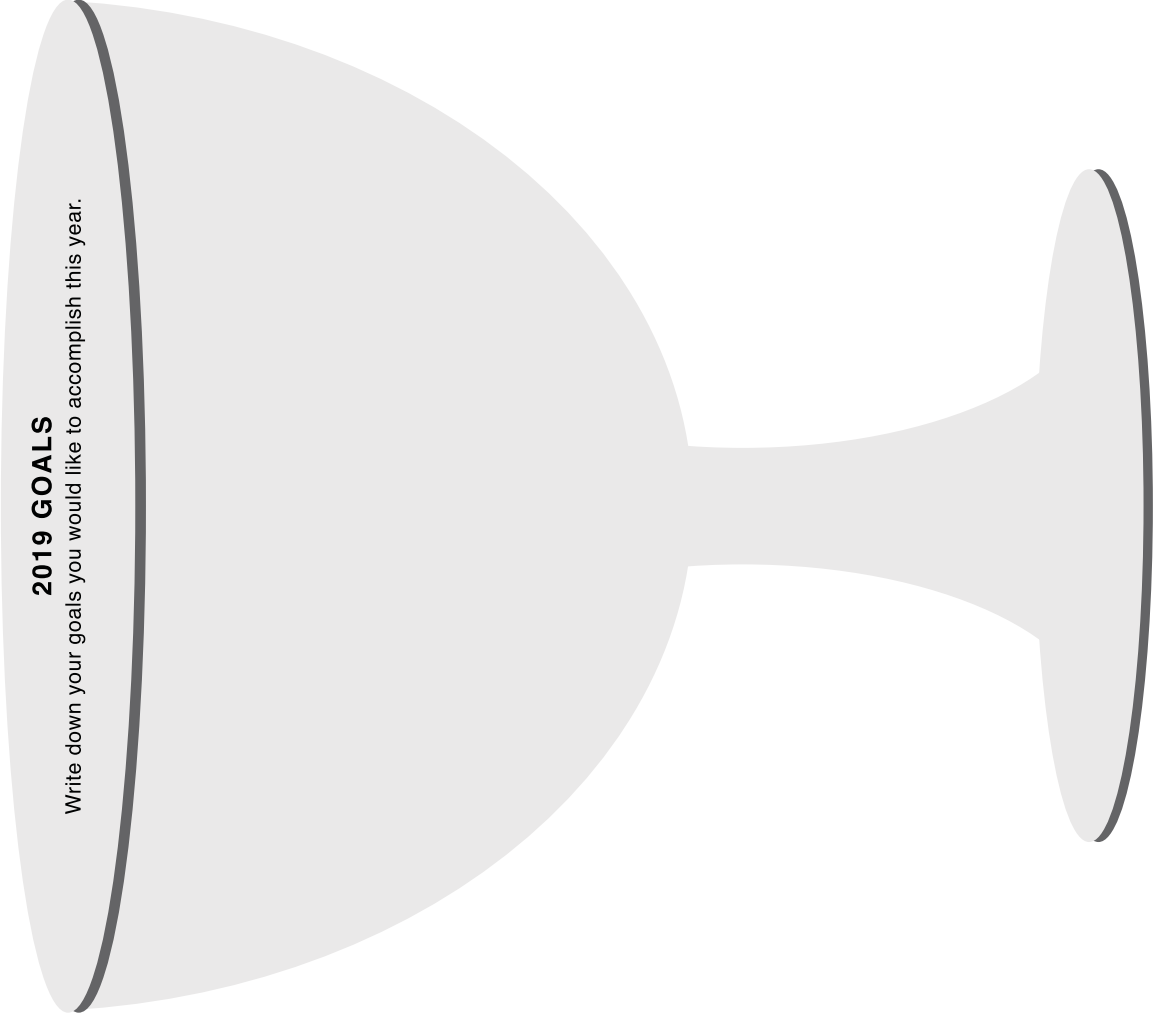
1-3 TIMES A YEAR

Mission trip
Hike Half Dome



2019 GOALS

Write down your goals you would like to accomplish this year.



2019 YEAR OVERVIEW

JANUARY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEBRUARY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28		

MARCH

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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY

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JUNE

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23	24	25	26	27	28	29
30						

JULY

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21	22	23	24	25	26	27
28	29	30	31			

AUGUST

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18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER

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29	30					

OCTOBER

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27	28	29	30	31		

NOVEMBER

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DECEMBER

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

HOLIDAYS

J A N 01 - New Years' Day
 J A N 07 - Orthodox Christmas Day
 J A N 21 - Martin Luther King Jr. Day
 F E B 02 - Groundhog Day
 F E B 14 - Valentine's Day
 F E B 18 - Presidents' Day
 M A R 06 - Ash Wednesday
 M A R 10 - Daylight Saving Time Starts
 M A R 17 - St. Patrick's Day
 A P R 01 - April Fool's Day
 A P R 14 - Palm Sunday
 A P R 19 - Good Friday
 A P R 21 - Easter Sunday

A P R 21 - Orthodox Palm Sunday
 A P R 26 - Orthodox Good Friday
 A P R 28 - Orthodox Easter
 M A Y 02 - National Day of Prayer
 M A Y 05 - Cinco de Mayo
 M A Y 12 - Mother's Day
 M A Y 18 - Armed Forces Day
 M A Y 27 - Memorial Day
 J U N 14 - Flag Day
 J U N 16 - Father's Day
 J U N 21 - Summer Solstice
 J U L 04 - Independence Day
 S E P 02 - Labor Day

O C T 14 - Columbus Day
 N O V 01 - All Saints' Day
 N O V 02 - All Souls' Day
 N O V 03 - Daylight Saving Time Ends
 N O V 05 - Election Day
 N O V 11 - Veterans Day
 N O V 28 - Thanksgiving Day
 D E C 01 - First Sunday of Advent
 D E C 21 - Winter Solstice
 D E C 24 - Christmas Eve
 D E C 25 - Christmas Day
 D E C 31 - New Years' Eve

2020 YEAR OVERVIEW

JANUARY

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
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FEBRUARY

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16	17	18	19	20	21	22
23	24	25	26	27	28	29

MARCH

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY

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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE

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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JULY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST

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23	24	25	26	27	28	29
30	31					

SEPTEMBER

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

OCTOBER

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

HOLIDAYS

J A N 01 - New Years' Day
 J A N 07 - Orthodox Christmas Day
 J A N 20 - Martin Luther King Jr. Day
 F E B 02 - Groundhog Day
 F E B 14 - Valentine's Day
 F E B 17 - Presidents' Day
 F E B 26 - Ash Wednesday
 M A R 08 - Daylight Saving Time Starts
 M A R 17 - St. Patrick's Day
 A P R 01 - April Fool's Day
 A P R 05 - Ash Wednesday
 A P R 10 - Good Friday
 A P R 12 - Easter Sunday

A P R 12 - Orthodox Palm Sunday
 A P R 17 - Orthodox Good Friday
 A P R 19 - Orthodox Easter
 M A Y 05 - Cinco de Mayo
 M A Y 07 - National Day of Prayer
 M A Y 10 - Mother's Day
 M A Y 16 - Armed Forces Day
 M A Y 25 - Memorial Day
 J U N 14 - Flag Day
 J U N 20 - Summer Solstice
 J U N 21 - Father's Day
 J U L 04 - Independence Day
 S E P 07 - Labor Day

O C T 12 - Columbus Day
 N O V 01 - Daylight Saving Time Ends
 N O V 01 - All Saints' Day
 N O V 02 - All Souls' Day
 N O V 03 - Election Day
 N O V 11 - Veterans Day
 N O V 26 - Thanksgiving Day
 N O V 29 - First Sunday of Advent
 D E C 21 - Winter Solstice
 D E C 24 - Christmas Eve
 D E C 25 - Christmas Day
 D E C 31 - New Years' Eve

JANUARY 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
			1 New Years' Day
	6	7 Orthodox Christmas Day	8
	13	14	15
	20	21 Martin Luther King, Jr. Day	22
	27	28	29

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“To every thing there is a season, and a time to every purpose under the heaven.” ECCLESIASTES 3:1

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5
9	10	11	12
16	17	18	19
23	24	25	26
30	31		

ACTION

How can I demonstrate love for God and for others this month?

“So teach us to number our days, that we may get a heart of wisdom.” PSALM 90:12

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“In all your ways acknowledge him, and he will make straight your paths.” PROVERBS 3:6

2 WEDNESDAY	3 THURSDAY	4 FRIDAY	5 SATURDAY
MORNING 	MORNING 	MORNING 	MORNING
AFTERNOON 	AFTERNOON 	AFTERNOON 	AFTERNOON
EVENING 	EVENING 	EVENING 	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“May he grant you your heart’s desire and fulfill all your plans!” PSALM 20:4

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

JANUARY 2019

TO DO'S	6 SUNDAY	7 MONDAY	8 TUESDAY
	MORNING	MORNING	MORNING
	AFTERNOON	AFTERNOON	AFTERNOON
	EVENING	EVENING	EVENING

WEEKLY GOALS

"And let the peace of Christ rule in your hearts." COLOSSIANS 3:15

9 WEDNESDAY	10 THURSDAY	11 FRIDAY	12 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“A blessing for you, because the Lord your God loved you.” DEUTERONOMY 23:5

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

JANUARY 2019

TO DO'S	13 SUNDAY	14 MONDAY	15 TUESDAY
	MORNING	MORNING	MORNING
	AFTERNOON	AFTERNOON	AFTERNOON
	EVENING	EVENING	EVENING

WEEKLY GOALS

16 WEDNESDAY	17 THURSDAY	18 FRIDAY	19 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

Lined writing area with horizontal lines for notes.

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“Every good gift and every perfect gift is from above.” JAMES 1:17

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

JANUARY 2019

TO DO'S	20 SUNDAY	21 MONDAY	22 TUESDAY
	<p>MORNING</p>	<p>MORNING</p>	<p>MORNING</p>
	<p>AFTERNOON</p>	<p>AFTERNOON</p>	<p>AFTERNOON</p>
	<p>EVENING</p>	<p>EVENING</p>	<p>EVENING</p>

WEEKLY GOALS

“And whenever you stand praying, forgive, if you have anything against anyone.” MARK 11:25

23 WEDNESDAY	24 THURSDAY	25 FRIDAY	26 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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FEBRUARY 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
	3	4	5
	10	11	12
	17	18 Presidents' Day	19
	24	25	26

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“Anyone who does not love does not know God, because God is love.” 1 JOHN 4:8

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Groundhog Day
6	7	8	9
13	14 Valentine's Day	15	16
20	21	22	23
27	28		

ACTION

How can I demonstrate love for God and for others this month?

“For God so loved the world, that he gave his only Son.” JOHN 3:16

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

JANUARY & FEBRUARY 2019

TO DO'S	27 SUNDAY	28 MONDAY	29 TUESDAY
	MORNING AFTERNOON EVENING 	MORNING AFTERNOON EVENING 	MORNING AFTERNOON EVENING

WEEKLY GOALS

“Delight yourself in the Lord, and he will give you the desires of your heart.” PSALM 37:4

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“Love one’s neighbor as oneself.” MARK 12:33

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

FEBRUARY 2019

TO DO'S	10 SUNDAY	11 MONDAY	12 TUESDAY
	<p>MORNING</p> <p>AFTERNOON</p> <p>EVENING</p>	<p>MORNING</p> <p>AFTERNOON</p> <p>EVENING</p>	<p>MORNING</p> <p>AFTERNOON</p> <p>EVENING</p>

WEEKLY GOALS

“Love one another with brotherly affection. Outdo one another in showing honor.” ROMANS 12:10

13 WEDNESDAY	14 THURSDAY	15 FRIDAY	16 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“A friend loves at all times, and a brother is born for adversity.” PROVERBS 17:17

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“So now faith, hope, and love abide, these three; but the greatest of these is love.” 1 CORINTHIANS 13:13

20 WEDNESDAY	21 THURSDAY	22 FRIDAY	23 SATURDAY
MORNING 	MORNING 	MORNING 	MORNING
AFTERNOON 	AFTERNOON 	AFTERNOON 	AFTERNOON
EVENING 	EVENING 	EVENING 	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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MARCH 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
	3	4	5
	10 Daylight Savig Time Starts	11	12
	17 St. Patrick's Day	18	19
	24 _____	25	26
	31		

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

"I wait for the Lord, my soul waits, and in his word I hope." PSALM 130:5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2
6 Ash Wednesday	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30

ACTION

How can I demonstrate love for God and for others this month?

WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“So we fasted and implored our God for this, and he listened to our entreaty.” EZRA 8:23

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

FEBRUARY & MARCH 2019

TO DO'S	24 SUNDAY	25 MONDAY	26 TUESDAY
	MORNING	MORNING	MORNING
	AFTERNOON	AFTERNOON	AFTERNOON
	EVENING	EVENING	EVENING

WEEKLY GOALS

“Know that wisdom is such to your soul; if you find it, there will be a future.” PROVERBS 24:14

27 WEDNESDAY	28 THURSDAY	1 FRIDAY	2 SATURDAY
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DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“For from him and through him and to him are all things. To him be glory forever.” ROMANS 11:36

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

"He does not faint or grow weary; his understanding is unsearchable." ISAIAH 40:28

6 WEDNESDAY	7 THURSDAY	8 FRIDAY	9 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

Lined area for notes, consisting of 25 horizontal lines.

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“Blessed is the one who finds wisdom, and the one who gets understanding.” PROVERBS 3:13

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

MARCH 2019

TO DO'S	10 SUNDAY	11 MONDAY	12 TUESDAY
	<p>MORNING</p>	<p>MORNING</p>	<p>MORNING</p>
	<p>AFTERNOON</p>	<p>AFTERNOON</p>	<p>AFTERNOON</p>
	<p>EVENING</p>	<p>EVENING</p>	<p>EVENING</p>

WEEKLY GOALS

"The Lord will fight for you, and you have only to be silent." EXODUS 14:14

13 WEDNESDAY	14 THURSDAY	15 FRIDAY	16 SATURDAY
<small>MORNING</small>	<small>MORNING</small>	<small>MORNING</small>	<small>MORNING</small>
<small>AFTERNOON</small>	<small>AFTERNOON</small>	<small>AFTERNOON</small>	<small>AFTERNOON</small>
<small>EVENING</small>	<small>EVENING</small>	<small>EVENING</small>	<small>EVENING</small>

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“Be kind to one another, tenderhearted, forgiving one another.” EPHESIANS 4:32

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“He will come to us as the showers, as the spring rains that water the earth.” HOSEA 6:3

20 WEDNESDAY	21 THURSDAY	22 FRIDAY	23 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“Create in me a clean heart, O God, and renew a right spirit within me.” PSALM 51:10

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

APRIL 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
		1	2
	7	8	9
	14 Palm Sunday	15 Tax Day	16
	21 Easter Sunday Orthodox Palm Sunday	22 Earth Day	23
	28 Orthodox Easter Sunday	29	30

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“They who wait for the Lord shall renew their strength.” ISAIAH 40:31

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6
10	11	12	13
17	18 Holy Thursday	19 Good Friday	20
24	25	26 Orthodox Good Friday	27

ACTION

How can I demonstrate love for God and for others this month?

“Be strong and courageous...God is with you wherever you go.” JOSHUA 1:9

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“When you pass through the waters, I will be with you.” ISAIAH 43:2

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“I will strengthen you, I will help you, I will uphold you with my righteous right hand.” ISAIAH 41:10

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

APRIL 2019

TO DO'S	14 SUNDAY	15 MONDAY	16 TUESDAY
	MORNING	MORNING	MORNING
	AFTERNOON	AFTERNOON	AFTERNOON
	EVENING	EVENING	EVENING

WEEKLY GOALS

"Peace I leave with you; my peace I give to you." JOHN 14:27

17 WEDNESDAY	18 THURSDAY	19 FRIDAY	20 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“God is our refuge and strength, a very present help in trouble.” PSALM 46:1

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“I have said these things to you, that in me you may have peace.” JOHN 16:33

24 WEDNESDAY	25 THURSDAY	26 FRIDAY	27 SATURDAY
MORNING 	MORNING 	MORNING 	MORNING
AFTERNOON 	AFTERNOON 	AFTERNOON 	AFTERNOON
EVENING 	EVENING 	EVENING 	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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MAY 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
	5 Cinco de Mayo	6	7
	12 Mother's Day	13	14
	19	20	21
	26	27 Memorial Day	28

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“For God gave us a spirit not of fear but of power and love and self-control.” 2 TIMOTHY 1:7

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 National Day of Prayer	3	4
8	9	10	11
15	16	17	18 Armed Forces Day
22	23	24	25
29	30	31	

ACTION

How can I demonstrate love for God and for others this month?

WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

Lined area for sermon notes.

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“He is at my right hand, I shall not be shaken.” PSALM 16:8

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

APRIL & MAY 2019

TO DO'S	28 SUNDAY	29 MONDAY	30 TUESDAY
	MORNING	MORNING	MORNING
	AFTERNOON	AFTERNOON	AFTERNOON
	EVENING	EVENING	EVENING

WEEKLY GOALS

"Cast your burden on the Lord, and he will sustain you." PSALM 55:22

1 WEDNESDAY	2 THURSDAY	3 FRIDAY	4 SATURDAY
MORNING 	MORNING 	MORNING 	MORNING
AFTERNOON 	AFTERNOON 	AFTERNOON 	AFTERNOON
EVENING 	EVENING 	EVENING 	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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"Casting all your anxieties on him, because he cares for you." 1 PETER 5:7

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“You keep him in perfect peace whose mind is stayed on you, because he trusts in you.” ISAJAH 26:3

8 WEDNESDAY	9 THURSDAY	10 FRIDAY	11 SATURDAY
MORNING 	MORNING 	MORNING 	MORNING
AFTERNOON 	AFTERNOON 	AFTERNOON 	AFTERNOON
EVENING 	EVENING 	EVENING 	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“Glad songs of salvation are in the tents of the righteous.” PSALM 118:15

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

15 WEDNESDAY	16 THURSDAY	17 FRIDAY	18 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness.” GALATIANS 5:22

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

MAY 2019

TO DO'S	19 SUNDAY	20 MONDAY	21 TUESDAY
	<p>MORNING</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>AFTERNOON</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>EVENING</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>MORNING</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>AFTERNOON</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>EVENING</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>MORNING</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>AFTERNOON</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>EVENING</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

WEEKLY GOALS

"Strive for peace with everyone." HEBREWS 12:14

22 WEDNESDAY	23 THURSDAY	24 FRIDAY	25 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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JUNE 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
	2	3	4
	9	10	11
	16 Father's Day	17	18
	23 _____	24	25
	30		

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“Let him turn away from evil and do good; let him seek peace and pursue it.” 1 PETER 3:11

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1
5	6	7	8
12	13	14 Flag Day	15
19	20	21 Summer Solstice	22
26	27	28	29

ACTION

How can I demonstrate love for God and for others this month?

“Always seek to do good to one another and to everyone.” 1 THESSALONIANS 5:15

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

MAY & JUNE 2019

TO DO'S	26 SUNDAY	27 MONDAY	28 TUESDAY
	MORNING AFTERNOON EVENING 	MORNING AFTERNOON EVENING 	MORNING AFTERNOON EVENING

WEEKLY GOALS

“Deceit is in the heart of those who devise evil, but those who plan peace have joy.” PROVERBS 12:20

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

5 WEDNESDAY	6 THURSDAY	7 FRIDAY	8 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“If possible, so far as it depends on you, live peaceably with all.” ROMANS 12:18

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“So then let us pursue what makes for peace and for mutual upbuilding.” ROMANS 14:19

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

JUNE 2019

TO DO'S	16 SUNDAY	17 MONDAY	18 TUESDAY
	MORNING	MORNING	MORNING
	AFTERNOON	AFTERNOON	AFTERNOON
	EVENING	EVENING	EVENING

WEEKLY GOALS

“Repay no one evil for evil, give thought to do what is honorable in the sight of all.” ROMANS 12:17

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“Great peace have those who love your law; nothing can make them stumble.” Psalms 119:165

26 WEDNESDAY	27 THURSDAY	28 FRIDAY	29 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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JULY 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
		1	2
	7	8	9
	14	15	16
	21	22	23
	28	29	30

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“O Lord, you will ordain peace for us, for you have indeed done for us all our works.” ISAIAH 26:12

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4 Independence Day	5	6
10	11	12	13
17	18	19	20
24	25	26	27
31			

ACTION

How can I demonstrate love for God and for others this month?

“For you shall go out in joy and be led forth in peace.” ISAIAH 55:12

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“Faith was active along with his works, and faith was completed by his works.” JAMES 2:22

3 WEDNESDAY	4 THURSDAY	5 FRIDAY	6 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“Come to me, all who labor and are heavy laden, and I will give you rest.” MATTHEW 11:28

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

JULY 2019

TO DO'S	7 SUNDAY	8 MONDAY	9 TUESDAY
	MORNING 	MORNING 	MORNING
	AFTERNOON 	AFTERNOON 	AFTERNOON
	EVENING 	EVENING 	EVENING

WEEKLY GOALS

"In the world you will have tribulation. But take heart; I have overcome the world." JOHN 16:33

10 WEDNESDAY	11 THURSDAY	12 FRIDAY	13 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“For God is not a God of confusion but of peace.” 1 CORINTHIANS 14:33

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“May the God of hope fill you with all joy and peace in believing.” ROMANS 15:13

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

AUGUST 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
	4	5	6
	11	12	13
	18	19	20
	25	26	27

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him!” PSALM 34:8

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3
7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	31

ACTION

How can I demonstrate love for God and for others this month?

WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“I can do all things through him who strengthens me.” PHILIPPIANS 4:13

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

JULY & AUGUST 2019

TO DO'S	28 SUNDAY	29 MONDAY	30 TUESDAY
	MORNING 	MORNING 	MORNING
	AFTERNOON 	AFTERNOON 	AFTERNOON
	EVENING 	EVENING 	EVENING

WEEKLY GOALS

"He gives power to the faint, and to him who has no might he increases strength." ISAIAH 40:29

31 WEDNESDAY	1 THURSDAY	2 FRIDAY	3 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“My soul melts away for sorrow; strengthen me according to your word!” PSALM 119:28

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

AUGUST 2019

TO DO'S	4 SUNDAY	5 MONDAY	6 TUESDAY
	MORNING 	MORNING 	MORNING
	AFTERNOON 	AFTERNOON 	AFTERNOON
	EVENING 	EVENING 	EVENING

WEEKLY GOALS

“Finally, be strong in the Lord and in the strength of his might.” EPHESIANS 6:10

7 WEDNESDAY	8 THURSDAY	9 FRIDAY	10 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“Love the Lord your God with all your heart and with all your soul.” MARK 12:30

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

14 WEDNESDAY	15 THURSDAY	16 FRIDAY	17 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“But you, O Lord, do not be far off! O you my help, come quickly to my aid!” PSALM 22:19

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

AUGUST 2019

TO DO'S	18 SUNDAY	19 MONDAY	20 TUESDAY
	MORNING 	MORNING 	MORNING
	AFTERNOON 	AFTERNOON 	AFTERNOON
	EVENING 	EVENING 	EVENING

WEEKLY GOALS

“The Lord is my strength and my song; he has become my salvation.” PSALM 118:14

21 WEDNESDAY	22 THURSDAY	23 FRIDAY	24 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“Behold, God is my salvation; I will trust, and will not be afraid.” ISAIAH 12:2

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

AUGUST 2019

TO DO'S	25 SUNDAY	26 MONDAY	27 TUESDAY
	<p>MORNING</p>	<p>MORNING</p>	<p>MORNING</p>
	<p>AFTERNOON</p>	<p>AFTERNOON</p>	<p>AFTERNOON</p>
	<p>EVENING</p>	<p>EVENING</p>	<p>EVENING</p>

WEEKLY GOALS

“O Lord...Be our arm every morning, our salvation in the time of trouble.” ISAIAH 33:2

28 WEDNESDAY	29 THURSDAY	30 FRIDAY	31 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“I write these things to you who believe in the name of the Son of God.” 1 JOHN 5:13

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

SEPTEMBER 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
	1	2 Labor Day	3
	8	9	10
	15	16	17
	22	23	24
	29	30	

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“It is no longer I who live, but Christ who lives in me.” GALATIANS 2:20

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	7
11	12	13	14
18	19	20	21
25	26	27	28

ACTION

How can I demonstrate love for God and for others this month?

“Who believed in his name, he gave the right to become children of God.” JOHN 1:12

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

SEPTEMBER 2019

TO DO'S	1 SUNDAY	2 MONDAY	3 TUESDAY
	MORNING 	MORNING 	MORNING
	AFTERNOON 	AFTERNOON 	AFTERNOON
	EVENING 	EVENING 	EVENING

WEEKLY GOALS

“Whoever believes in the Son has eternal life.” JOHN 3:36

4 WEDNESDAY	5 THURSDAY	6 FRIDAY	7 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“Who believed in his name, he gave the right to become children of God.” JOHN 1:12

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“As the Scripture has said, ‘Out of his heart will flow rivers of living water.’” JOHN 7:38

11 WEDNESDAY	12 THURSDAY	13 FRIDAY	14 SATURDAY
MORNING 	MORNING 	MORNING 	MORNING
AFTERNOON 	AFTERNOON 	AFTERNOON 	AFTERNOON
EVENING 	EVENING 	EVENING 	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“Whatever you ask in prayer, believe that you have received it, and it will be yours.” MARK 11:24

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

SEPTEMBER 2019

TO DO'S	15 SUNDAY	16 MONDAY	17 TUESDAY
	<p>MORNING</p>	<p>MORNING</p>	<p>MORNING</p>
	<p>AFTERNOON</p>	<p>AFTERNOON</p>	<p>AFTERNOON</p>
	<p>EVENING</p>	<p>EVENING</p>	<p>EVENING</p>

WEEKLY GOALS

"The righteous shall live by faith." ROMANS 1:17

18 WEDNESDAY	19 THURSDAY	20 FRIDAY	21 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“Now faith is the assurance of things hoped for, the conviction of things not seen.” HEBREWS 11:1

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“In hope of eternal life, which God, who never lies, promised before the ages began.” TITUS 1:2

25 WEDNESDAY	26 THURSDAY	27 FRIDAY	28 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S

OCTOBER 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
			1
	6	7	8
	13	14 Columbus Day	15
	20	21	22
	27	28	29

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“For we walk by faith, not by sight.” 2 CORINTHIANS 5:7

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5
9	10	11	12
16	17	18	19
23	24	25	26
30	31		

ACTION

How can I demonstrate love for God and for others this month?

“And this is the victory that has overcome the world—our faith.” 1 JOHN 5:4

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

SEPTEMBER & OCTOBER 2019

TO DO'S	29 SUNDAY	30 MONDAY	1 TUESDAY
	MORNING 	MORNING 	MORNING
	AFTERNOON 	AFTERNOON 	AFTERNOON
	EVENING 	EVENING 	EVENING

WEEKLY GOALS

2 WEDNESDAY	3 THURSDAY	4 FRIDAY	5 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“For you know that the testing of your faith produces steadfastness.” JAMES 1:3

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

OCTOBER 2019

TO DO'S	6 SUNDAY	7 MONDAY	8 TUESDAY
MORNING	<div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div>	<div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div>	<div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div>
AFTERNOON	<div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div>	<div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div>	<div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div> <div style="border-bottom: 1px solid black; height: 15px;"></div>
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WEEKLY GOALS

“Pursue righteousness, godliness, faith, love, steadfastness, gentleness.” 1 TIMOTHY 6:11

9 WEDNESDAY	10 THURSDAY	11 FRIDAY	12 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“For in Christ Jesus you are all sons of God, through faith.” GALATIANS 3:26

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

OCTOBER 2019

TO DO'S	13 SUNDAY	14 MONDAY	15 TUESDAY
	<p data-bbox="393 237 475 255">MORNING</p> <p data-bbox="393 658 475 676">AFTERNOON</p> <p data-bbox="393 1078 469 1095">EVENING</p> 	<p data-bbox="682 237 764 255">MORNING</p> <p data-bbox="682 658 764 676">AFTERNOON</p> <p data-bbox="682 1078 758 1095">EVENING</p> 	<p data-bbox="971 237 1053 255">MORNING</p> <p data-bbox="971 658 1053 676">AFTERNOON</p> <p data-bbox="971 1078 1046 1095">EVENING</p>

WEEKLY GOALS

"Your faith might not rest in the wisdom of men but in the power of God." I CORINTHIANS 2:5

16 WEDNESDAY	17 THURSDAY	18 FRIDAY	19 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“For by grace you have been saved through faith.” EPHESIANS 2:8

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

NOVEMBER 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
	3 Daylight Saving Time Ends	4	5 Election Day
	10	11 Veterans Day	12
	17	18	19
	24	25	26

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“So faith comes from hearing, and hearing through the word of Christ.” ROMANS 10:17

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 All Saints' Day	2 All Souls' Day
6	7	8	9
13	14	15	16
20	21	22	23
27	28 Thanksgiving Day	29	30

ACTION

How can I demonstrate love for God and for others this month?

"If your brother sins, rebuke him, and if he repents, forgive him." LUKE 17:3

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” 1 JOHN 1:9

30 WEDNESDAY	31 THURSDAY	1 FRIDAY	2 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“To the Lord our God belong mercy and forgiveness, for we have rebelled against him.” DANIEL 9:9

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“Repent therefore, and turn back, that your sins may be blotted out.” ACTS 3:19

6 WEDNESDAY	7 THURSDAY	8 FRIDAY	9 SATURDAY
MORNING 	MORNING 	MORNING 	MORNING
AFTERNOON 	AFTERNOON 	AFTERNOON 	AFTERNOON
EVENING 	EVENING 	EVENING 	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“A wise man is full of strength, and a man of knowledge enhances his might.” PROVERBS 24:5

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“And as you wish that others would do to you, do so to them.” LUKE 6:31

13 WEDNESDAY	14 THURSDAY	15 FRIDAY	16 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“Iron sharpens iron, and one man sharpens another.” PROVERBS 27:17

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“Whoever walks with the wise becomes wise.” PROVERBS 13:20

20 WEDNESDAY	21 THURSDAY	22 FRIDAY	23 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“Hope deferred makes the heart sick, but a desire fulfilled is a tree of life.” PROVERBS 13:12

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

NOVEMBER 2019

TO DO'S	24 SUNDAY	25 MONDAY	26 TUESDAY
	MORNING 	MORNING 	MORNING
	AFTERNOON 	AFTERNOON 	AFTERNOON
	EVENING 	EVENING 	EVENING

WEEKLY GOALS

“Endurance produces character, and character produces hope.” ROMANS 5:4

27 WEDNESDAY	28 THURSDAY	29 FRIDAY	30 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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DECEMBER 2019

MONTHLY GOALS	SUNDAY	MONDAY	TUESDAY
	1 First Sunday of Advent	2	3
	8	9	10
	15	16	17
	22	23	24 Christmas Eve
	29	30	31 New Years' Eve

REFLECTION

What were the blessings in my life last month? What accomplishments am I proud of?

“Behold, the virgin shall conceive and bear a son, and shall call his name Immanuel.” ISAIAH 7:14

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	7
11	12	13	14
18	19	20	21 Winter Solstice
25 Christmas Day	26	27	28

ACTION

How can I demonstrate love for God and for others this month?

“The free gift of God is eternal life in Christ Jesus our Lord.” ROMANS 6:23

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

DECEMBER 2019

TO DO'S	1 SUNDAY	2 MONDAY	3 TUESDAY
	MORNING	MORNING	MORNING
	AFTERNOON	AFTERNOON	AFTERNOON
	EVENING	EVENING	EVENING

WEEKLY GOALS

"But when the goodness and loving kindness of God our Savior appeared." TITUS 3:4

4 WEDNESDAY	5 THURSDAY	6 FRIDAY	7 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“For unto you is born this day in the city of David a Savior, who is Christ the Lord.” LUKE 2:11

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“Behold, your king is coming to you; righteous and having salvation is he.” ZECARIAH 9:9

11 WEDNESDAY	12 THURSDAY	13 FRIDAY	14 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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“Mary said, “My soul magnifies the Lord.”” LUKE 1:46

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

DECEMBER 2019

TO DO'S	15 SUNDAY	16 MONDAY	17 TUESDAY
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WEEKLY GOALS

“And this is the testimony, that God gave us eternal life, and this life is in his Son.” 1 JOHN 5:11

18 WEDNESDAY	19 THURSDAY	20 FRIDAY	21 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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WEEKLY DEVOTIONAL

WEEKLY SERMON NOTES

REFLECTION

What were the blessings in my life last week? What am I grateful for right now?

“And he came to her and said, “Greetings, O favored one, the Lord is with you!”” LUKE 1:28

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

DECEMBER 2019

TO DO'S	22 SUNDAY	23 MONDAY	24 TUESDAY
	MORNING	MORNING	MORNING
	AFTERNOON	AFTERNOON	AFTERNOON
	EVENING	EVENING	EVENING

WEEKLY GOALS

"And has raised up a horn of salvation for us in the house of his servant David." LUKE 1:69

25 WEDNESDAY	26 THURSDAY	27 FRIDAY	28 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

"For God, For You & For Others"

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“And the Word became flesh and dwelt among us, and we have seen His glory.” JOHN 1:14

BIBLE STUDY NOTES ▪ SKETCH ▪ PREPARE

ACTION

What can I do to improve my life, my relationship with God and with others this week. Commit to at least one for next week.

FOR ME

FOR GOD

FOR OTHERS

“The free gift of God is eternal life in Christ Jesus our Lord.” ROMANS 6:23

1 WEDNESDAY	2 THURSDAY	3 FRIDAY	4 SATURDAY
MORNING	MORNING	MORNING	MORNING
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
EVENING	EVENING	EVENING	EVENING

DAILY HEALTHY HABIT TRACKER

“For God, For You & For Others”

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